



# CCC Hut Meetings

The Club is tentatively opening the Hut for meetings on some Monday/Wednesday evenings.

- These are likely to be workshop/practical/studio type sessions using the spare evenings (rather than moving existing planned events from Zoom). Details will be circulated by email as meetings are planned.
- In some cases numbers in our studio space may be limited and places need to be booked in advance.
- Seating space for socialising is now in part of the Hut configured for "CrossFit Crawley".

Meanwhile the online Zoom programme will continue for competitions/talks/image nights as in the programme (see website) until the end of the 2021-22 season (June).

We must ensure that we take reasonable and necessary steps to limit the risk of passing on COVID19.

## **Please note and follow the guidelines below for all meetings until further notice**

Thinking about coming:

- It is preferable that members have maximised their own protection by vaccination.
- We expect all members to exercise due care regarding their own health and must not come to the meetings if they exhibit any of the symptoms associated with COVID or have been in contact with persons with COVID. We also ask members with heavy colds to stay at home.
- It is preferable that members test with a free lateral flow test on the day of the meeting.

On arrival:

- Hand gel is provided at the entrance and must be used when entering or leaving for any reason.
- On arrival members **MUST** log their attendance on the register.

During meetings:

- Members must always be aware of and have respect for others' views on social distancing and the wearing of masks. Masks are advisable (unless you have an exemption). We expect members to exercise common sense and where possible maintain distance.
- Refreshments will not generally be available for the moment so please bring your own if needed.
- Members should set out and return their own chairs. Ask for help if you can't do this yourself.

After the meeting:

- Infected people can take up to 12 days to develop symptoms. Anyone developing COVID within 12 days of the meeting must alert a Committee member by phone. The Club will then inform the members of possible contact.

Thank you for your co-operation as we move forward. These requirements will remain under review and will be relaxed or strengthened dependent on the changing situation.

31 January 2022